ArcDeli is proud to offer breakfast and lunch weekdays. In addition to eat in services, we offer take out, delivery and catering. Call today for a quote, for your next business meeting or company luncheon! We offer personal catering as well!

ArcDeli is a division of The Arc of Monroe County. This is a program that trains the people we serve with learning skills to prepare them to be gainfully employed in our community.

We proudly accept cash, Visa, MasterCard, Discover and American Express.

ArcDeli
1645 Lyell Avenue
2nd Floor
Rochester, NY
Phone: 585-286-9605
E-mail: arcdeli@arcmonroe.org

Menu

Hours: Monday through Friday
6:30 am to 2:00 pm
Catering available daily

Revised 4-14-17

A DIVISION OF:

The Arc
Monroe
New York
## Breakfast
*Served from 6:30 am—10:30 am*

### Sandwiches
Choice of bread: whole wheat, rye, white, hard roll, English muffin

<table>
<thead>
<tr>
<th>Sandwich</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Egg Sandwich</td>
<td>1.89</td>
</tr>
<tr>
<td>Egg &amp; Cheese Sandwich</td>
<td>2.50</td>
</tr>
<tr>
<td>Bacon or Sausage Egg &amp; Cheese Sandwich</td>
<td>3.50</td>
</tr>
</tbody>
</table>

### Eggs

#### The Classic Junior
- Two eggs any style & toast: 2.50
- Two eggs any style, toast, bacon or sausage: 3.50
- Two eggs any style, toast, bacon or sausage, hand cut seasoned home fries: 4.50

#### The Classic
- Three eggs any style & toast: 3.00
- Three eggs any style, toast, bacon or sausage: 4.00
- Three eggs any style, toast, bacon or sausage, hand cut seasoned home fries: 5.00

### Specialties
- Three buttermilk pancakes with sausage or bacon: 4.99
- Three buttermilk pancakes: 3.75
- Three pieces of French toast, sausage or bacon: 4.99
- French toast: 3.99

### Omelets served with toast
- 2 egg with cheese: 3.50
- 3 egg with cheese: 3.99
- Add meat or veggies: 1.25

## Lunch
*Served from 11:00 am to 2:00 pm*

### Sandwiches & Wraps*
All sandwiches served with choice of bread, chips & pickle. Dress up your sandwich, wrap or sub with your choice of fresh and seasonal ingredients

<table>
<thead>
<tr>
<th>Sandwich Name</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Turkey Carolina 99% fat free browned breast</td>
<td>4.99</td>
</tr>
<tr>
<td>Ham 95% fat free with your choice of cheese</td>
<td>4.99</td>
</tr>
<tr>
<td>Special Recipe Tuna</td>
<td>4.99</td>
</tr>
<tr>
<td>All Natural Chicken Salad</td>
<td>4.99</td>
</tr>
<tr>
<td>Homemade Egg Salad</td>
<td>3.99</td>
</tr>
<tr>
<td>Classic American BLT</td>
<td>4.49</td>
</tr>
<tr>
<td>Triple Decker Club Sandwich with bacon</td>
<td>7.50</td>
</tr>
<tr>
<td>Soup &amp; half sandwich</td>
<td>5.00</td>
</tr>
<tr>
<td>BLT, Turkey, Ham, Chicken Salad, Tuna</td>
<td></td>
</tr>
</tbody>
</table>

### Wrap it!
Make any sandwich a wrap: $0.75 extra

### Melt it!
Turn your sandwich into a melt: $0.75 extra

### Salad Bar
- Per lb: 7.99

## The Grill

### Grilled Cheese Sandwich
*choice of American, Provolone, Swiss*
- 3.99

### Burgers
Cooked to order with choice of lettuce, tomato, onion:
- Classic Hamburger: 3.50
- Cheeseburger: 3.99
- Blue Burger
  - Mushroom Swiss: 4.99
  - Bacon Cheddar: 4.99

### Turn any burger into a Veggie Burger
- Hot Dog: 3.99
- Chicken Finger Sandwich: 3.99

### Shaved Steak with peppers & onions smothered in mozzarella cheese: 6.49

### Soup of the Day
- Cup: 2.50
- Bowl: 3.50

### French Fries: 2.25
- Tater Tots: 2.00
- Onion Twiggs: 2.00

### Salad Bar: 7.99
*Per lb*

## Specials served daily!
- Haddock Fish Fry or Fish Sandwich served every Friday!