Community Habilitation is an individualized service provided in a person’s home or in the community. This service supports people in becoming as independent as possible by building daily living skills.

**Skills learned through this program include, but are not limited to the following:**

- Maintaining a home (doing laundry, cleaning around the house)
- Learning public transportation
- Learning about community resources

This service also provides group activities like cooking and fitness classes that help build social skills and peer collaboration.

**How it Works:**

- Work with your care coordinator/care manager to define goals and submit intake forms
- Get approval through OPWDD for weekly hours allotment (if not already approved)
- Develop a service plan based on goals

To learn more about this service, contact the Community Outreach Coordinator at (585) 672-2222.

**Quick Facts:**

- Great option for people looking to build social skills in the community
- Group and one-on-one services available throughout the week
- Group sessions include up to four people
- One-on-one sessions take place at a person’s home or in the community
- Must be OPWDD and Medicaid eligible

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